

**GURU NANAK PUBLIC SCHOOL, SARABHA NAGAR, LUDHIANA
SYLLABUS FOR NURSERY 2022-23**

Term 1 (March-September)

March

English

(From Early Steps English Workbook)

- A-Z (Oral).
- Recognition of Lower case letters (a-e).
- Recognition of Upper case letters (A-E).
- Phonetic sounds of 'A-E' will be introduced(Pg.no.1,4,7,10,15). ● Activities Related to Letters on Drawing book and Workbook.

Math

(From Early Steps Numbers)

- Introduction and Recognition of numbers 1-3 (Pg.no.24 to 29) ● Oral (1-10).
- Count and speak- 1-3 Pg.no.46
- Activities Related to the numbers on Drawing book and Workbook. **Rhymes** ● ABC Song
 - Happy Birthday Song.
- Thank you God.
- One Two Buckle My Shoe.

Story Telling

- The Hare and The Tortoise with Moral.

Shapes and Colour

- Introduction of **Colour Red** pg.no. 41,42.(**Early Steps Environmental Studies**). ● **Introduction of Circle** Pg.no. 6,7 (**Early Steps Drawing and Colouring**).

Value Based Education

- General Étiquettes.
- Golden Words Pg.no 65.(**From Environmental Studies**)

Conversation (From Environmental Studies)

- Question/Answers related to **My School** Pg.no.25,26 .

Our Surroundings (From Environmental Studies)

- Question/Answers related to **My Classroom** Pg.no.28,29

Picture Identification (From Environmental Studies)

- My School Pg.no 25, My Classroom Pg.no.28.

Conceptual Skills (Early Steps Numbers)

- **Fast and Slow** Pg.no.14,15

Motor Skills

- Fine Motor skill – Clay Moulding.
- Gross Motor Skill – How to sit and stand properly.

Music

- Waheguru Simran.
- Mool Mantra.
- Titli Rani(Hindi Song).
- Five little Monkeys.
- Rhythmic clapping lesson 1.

Physical Education

- Stand at ease/Attention. ● Upper body exercises.

Dance

Basic steps:

1. Jump
2. Rolly Polly
3. Thumka
4. Thumka with roll
5. Twist Song [Mukra]

APRIL

English

(From Early Steps English Workbook)

- A-Z (Oral).
- Recognition of Lower case letters (a-g).

- Recognition of Upper case letters (A-G).
- Phonetic sounds of 'A-G' will be introduced (Book pg. no.18,21) ● Activities related to Letters on Drawing Book and Workbook.

Math

(From Early Steps Numbers)

- Introduction and Recognition of numbers (1-5).
- Oral (1-10).
- Count and speak- 1-5 Pg.no.46
- Activities related numbers in the drawing book.

Rhymes

- ABC Song.
- Happy birthday song.
- Thank you God.
- One Two Buckle My Shoe.

Story Telling

- The Hare and The Tortoise with Moral.

Shapes and Colour

(Early Steps Drawing and Colouring)

- **Star (Activities related to shape on Drawing book).**
- Introduction of **Colour Yellow** pg.no 4 , 16 and 17.

Value Based Education

- Use of Magic Words (Sorry, Thank You, Please).

Conversation (From Environmental Studies)

- Question/Answers related to **Know Me** Pg no. 1,2

Our Surroundings (From Environmental Studies)

- Question/Answers related to **Fruits and Vegetables** Pg. 55,56,57,58,59

Picture Identification (From Environmental Studies)

- **Fruits and Vegetables** Pg.no 55,57

Conceptual Skills

- **Big/ Small** Pg.no.4,5

Motor skills:

- **Fine motor skill:** Treasure hunt in sand.
- **Gross motor skill:** Clap hands in all four directions.

Physical Education

- Arm Exercises.
- Jumping on the Spot.

Dance

Basic steps:-

1. Jump
2. Rolly Polly
3. Thumka
4. Thumka with roll
5. Twist Song [Mukra]

Music

- Rhythmic Clap Lesson 1 and 2.
- English Rhymes (Five Little Monkey).
- Waheguru Simran.
- Gurbani Shabad (Poora Prabh Aaradheya). ● Mool Mantra.

July

English

(From Early Steps English Workbook)

- A-T (Oral).
- Recognition of Lower case letters (a-l).
- Recognition of Upper case letters (A-L).
- Phonetic sounds of 'A-L' will be introduced. ● Book pg. no.24,29,32,35.38.
- Activities related to Letters on Drawing Book and Workbook.

Math

(From Early Steps Numbers)

- Introduction and Recognition of numbers (1-8).
- Oral (1-15).
- Count and speak- 1-8 Pg.no.46,47.
- Activities related numbers on Drawing book and Workbook.
- Scribbling on Drawing book with Crayons and later with Pencil.

Rhymes

- Baa baa black sheep.
- Two little Dicky Birds.
- Rain rain go away. ● Hop a Little.

Story Telling

- Two Wise Goats With Moral.

Shape and Colour

(Early Steps Drawing and Colour)

- **Square** Pg.no. 8,9,13

(From Environmental Studies) ● Introduction of Colour Blue Pg.no 43,44.

Value Based Education (From Environmental Studies)

- **Keep Cleaning** Pg.no.64

Conversation (From Environmental Studies)

- Question/Answers related to **My Family** Pg.no.8,9,10 **Our Surroundings (From Environmental Studies)**
- Question/Answers related to **My House** Pg.no.11.

Picture Identification (From Environmental Studies)

- My Family pg.no. 8,and MyHouse Pg.no.11

Conceptual Skills (Early Steps Numbers)

- **Near/ Far** pg.no 6,7 **Motor skills:**
- **Fine motor skill:** Watering Plants.
- **Gross motor skill:** Filling the Water bottles.

Physical Education

- Pick and Run. ● Tree pose.

Dance

Introduction about semi classical basic steps:

- Spins

- Hand Movements
- Legs Movements **Music**
- Hindi song (Nani teri morni).
- English rhyme (Five little monkeys).
- Gurbani Shabad(Poora Prabh aradheya).
- Rhythmic clap lesson 1 and 2.
- Waheguru simran.
- Mool Mantra.

August

English

(From Early Step English Workbook)

- A-Z (Oral).
- Recognition of Lower case letters (a-p).
- Recognition of Upper case letters (A-P).
- Phonetic sounds of 'A-P' will be introduced. ● Book pg. no. 43,46,49,52.
- Activities related to Letters on Drawing book and Workbook.

Math

(From Early Steps Numbers)

- Introduction and Recognition of numbers (1-10).
- Oral (1-20).
- Count and speak- 1-10 (Pg.no.46,47)
- Scribbling on Drawing book with Crayons and later with Pencil. ● Activities related to Numbers on Drawing book and Workbook.

Rhymes

- Baa baa black sheep.
- Two little Dicky Birds.
- Hop and Little.
- Rain rain go away.

Story Telling

- Two Wise Goats with Moral.

Shape and Colour

(Early Steps Drawing and Colour)

- Triangle pg.no.10, (From Environmental Studies) ● Colour Brown pg.no.51,52.

Value Based Education (Early Step Environmental Studies)

- **Be Healthy** Pg. No.67

Conversation (From Environmental Studies)

- Question/Answers related to **My Body** Pg.no.3,4.

Our Surroundings (From Environmental Studies)

- Question/Answers related to **Rooms in a House** pg.no. 12,13,14.

Picture Identification (From Environmental Studies)

- My Body Pg.3, Rooms in a House Pg.no.12.

Conceptual Skills (Early Steps Numbers) ●

- **Tall /Short** Pg.no.8 ,9.

Motor skills:

Fine motor skill: Peeling Peas/ Banana.

Gross motor skill: Climbing Stairs.

Physical Education

- Crab Walk. ● Toe Touch.

Dance

- Dance on Independence Special Song.

Music

- Hindi song (Nani teri morni).
- Hindi Song(Titli rani ghar kab aaogi).
- English rhyme (Five little monkey).
- Gurbani Shabad(aad sach Jugad sach).
- Rhythmic clap lesson 1 & 2.
- Waheguru simran. ● Mool Mantra.

October

English

(From Early Step English Workbook)

- A-Z (Oral).
- Recognition of Lower case letters (a-w).
- Recognition of Upper case letters (A-W).
- Phonetic sounds of 'A-W' will be introduced. ● Book pg. no. 57,60,63,66,71,74,77.
- Activities related to Letters on Drawing book and Workbook.

(From Early Steps Patterns)

- Introduction of Patterns (Standing lines and Sleeping lines) pg. no. 4,5,6,7.

Math

(From Early Steps Numbers)

- Introduction and Recognition of numbers (1-15).
- Oral (1-25).
- Count and speak- 1-15.
- Activities related to numbers in the drawing book.

(From Numbers Workbook).

- **Number 1 and 7** (Pg.no. 23,46,66,67,78,79)

From Book Early Steps Patterns

- Introduction to patterns and Related numbers (Standing line, Sleeping Lines Pg.no.8,25)

Rhymes

- Hot cross buns.
- Cobbler Cobbler.
- I am a little Teapot. ● Are you Sleeping.

Story Telling

- The Fox and the Grapes with Moral.

Shapes and Colour

(From Early Steps Numbers)

- **Rectangle** Pg.no.22
- Activities related to shape on Drawing Book and Workbook.
- Colour **Green** Pg.no 45,46 (**From Book Environmental Studies**)

Value Based Education (From Environmental Studies) ●

- Be Safe Pg.no.68.

Conversation (From Environmental Studies)

- Question/Answers related to **Animals in a Zoo** Pg.no.30,31

Our Surroundings (From Environmental Studies)

- Question/Answers related to **Clothes We wear** Pg. no.19,20,21,22,23

Picture Identification (From Environmental Studies) ● Animals in a Zoo Pg.no.30,31,**Clothes We Wear** Pg. no.19.

Conceptual Skills (From Early Steps Number)

- Tall and Short Pg.no.8

Motor skills:

- **Fine motor skill:** Sorting
- **Gross motor skill:** Kick the cups with the ball.

Physical Education

- Hop on one foot.
- Jump up and Down.

Dance

- Navratra Special:-
- Dandiya (Gujrati Folk Dance), How to play with dandiya sticks, song.

Music

- Hindi song (Nani teri morni).
- Hindi Song(Title rani ghar kab aaogi).
- English Rhyme(Thank You God).
- English rhyme (Five little monkey).
- Gurbani Shabad(Poora Prabh aradheya).
- Gurbani Shabad(Aad sach Jugad Sach).
- Rhythmic clap lesson 1 & 3.
- Waheguru simran.
- Mool Mantra.

November

English

(From Book Early Step English Workbook)

- A-Z (Oral).
- Recognition of Lower case letters (a-z).
- Recognition of Upper case letters (A-Z).

- Phonetic sounds of 'A-Z' will be introduced. ● Book pg. no. 80,83,86.
- Activities related to Letters on Drawing Book and Workbook.
- Write and practice letters related to standing lines and sleeping lines I, L,T, H, E,F [Pg..No.30,39,67,25,16,19].

From book Early Steps Patterns

- Practice Slanting Lines Pg.no.11,12,13

Math

(From Book Early Steps Numbers Workbook)

- Introduction and Recognition of numbers (1-15).
- Oral (1-30).
- Count and speak- 1-15 (From Numbers)
- Activities related to numbers on Drawing book and Workbook. ● Number 3,4,5 Pg.no. 29,35,38, with related activities.

From book Early Steps Patterns

- Practice Slanting Lines Pg.no.9,10 and Curves 17,18

Rhymes

- Hot cross buns.
- Cobbler Cobbler.
- I am a Little Teapot. ● Are you Sleeping.

Story Telling

- The Fox and the Grapes with Moral.

Shape and Colour

- **Heart Shape** (Activities Related to Heart on Drawing Book)
- Introduction of Colour **Black** pg.no 53,54 (**From Environmental Studies**).

Value Based Education ●

Helping others.

Conversation (From Environmental Studies)

- Question/Answers related to **Insects We See** Pg.no.37,38.

Our Surroundings (From Environmental Studies)

- Question/Answers related to **Animals We Keep** Pg.32,33,34

Picture Identification (From Environmental Studies)

- **Insects** we see Pg.no.37 and **Animals We Keep** Pg.32

Conceptual Skills

- Open / Close

Motor skills:

- **Fine motor skill:** Zipping and Unzipping.
- **Gross motor skill:** Jumping on letters on floor. **Physical Education**
- Jumping Jack.
- Hand and eye coordination games.

Dance

- Revision.

Music

- Revision.

January

English

(From Book Early Step English Workbook)

- A-Z (Oral).
- Revision **Aa-Zz** with Phonetic Sounds.
- Activities related to the Letters on Drawing book and Workbook.
- Write and practice letters related to Zigzag Lines Pg.no.15,16
- Write and practice the Letters related to Slanting Lines A,V,M,N,W (Pg.no.2,75,44,47,77)

(From Early Steps Patterns)

- Introduction of Slanting Lines and Curves Pg.no.14,15,16,17,18,26,27,31,32)

Math

From Book Early Steps Numbers Workbook

- Introduction and Recognition of numbers (1-20).
- Oral (1-30).
- Count and speak- 1-20 (Pg.no .46 to52 from Numbers Book) ● Activities related to numbers in the drawing book and Workbook. ● Numbers 3, 0, 5, 9,10 (29,53,38,50,54).
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From Early Step Patterns

- Practice Curves Pg.no.19,20,21,29,30,

Rhymes

- Finger Family.
- Chubby Cheeks.
- Brush Brush your Teeth.
- Jack and Jill. **Story Telling**

- The Pigeon and The Bee with Moral.

Shape and Colour

- **Oval Shape** (Activities Related to Oval on Drawing Book)
- **Pink Colour** (Activities Related to colour Pink on Drawing Book)

Value Based Education

- Respect your Elders.

Conversation (From Environmental Studies) ● Question/Answers related to **Birds we see** Pg.no 35.

Our Surroundings (From Environmental Studies) ● Question/Answers related to **Vehicles** pg.no.60.

Picture Identification (From Environmental Studies)

- Birds we see pg.no 37 ● **Vehicles** pg.no.60.

Conceptual Skills (From Early Steps Number)

- Full and Empty Pg.no.10

Motor skills:

- **Fine motor skill:** Screwing and unscrewing bottle cap. ● **Gross motor skill:** Walk on a line.

Physical Education

- Balance on the right leg.

- Chair Pose.

Dance

- Dance on Republic day Special Song.

Music

- Hindi song (Nani teri morni).
- Hindi Song(Title rani ghar kab aaogi).
- English Rhyme(Thank You God).
- English rhyme (Five little monkey).
- Gurbani Shabad(Poora Prabh aradheya).
- Gurbani Shabad(Aad sach Jugad Sach).
- Rhythmic clap lesson 1 & 3.
- Waheguru simran.
- Mool Mantra.

February

English

(From Book My ABC Cauldron with keywords)

- A-Z (Oral).
- Revision of Aa-Zz with Phonetic sounds.
- Activities related to Alphabet on Workbook.
- Write and practice letters related to slanting lines and Curves K, X, Y, Z,C,D,P,R(47,36,81,84,87).

(From Early Steps Patterns)

Trace the Wavy Lines Pg.no.22,23,24

Math

From Book Early Steps Numbers Workbook

- Introduction and Recognition of numbers (1-20).
- Oral (1-30).
- Count and speak 1-20.
- Activities related to numbers on Number Workbook.
- Practice **Curves** and **Numbers** (no. 2, 6, 8, 9) related to curves Pg.no. 26,40,48,50,68,69,76,7780,81,82,83)

Rhymes

- Finger Family.
- Chubby Cheeks.
- Brush Brush your Teeth. ● Jack and Jill.

Story Telling

- The Pigeon and The Bee with Moral.

Shape and Colour

- **Diamond shape.**
- Activities Related to Diamond Shape on Drawing book.
- **Orange Colour** with Activities on Drawing Book.

Value Based Education (From Environmental Studies)

- Be HealthyPg.no.67

Conversation

- Question/Answers related to **Seasons**

Our Surroundings(From Environmental Studies)

- Question/Answers related to **My Toys Pg.no.24**

Picture Identification (From Environmental Studies)

- **My Toys Pg.no. 24**
- **Take Care of Birds Pg.no.39**

Conceptual Skills

- Day/ Night.

Motor skills:

- **Fine motor skill:** Punching of coloured Papers.
- **Gross motor skill:** Walk on a Zig Zag line.

Physical Education

- Cross midline exercises.
- Balance on the left leg.

Dance ●

- Revision.

Music

- Revision.