

GURU NANAK PUBLIC SCHOOL, SARABHA NAGAR, LUDHIANA

CLASS – VII

CURRICULUM (2021-22)

ENGLISH:

Month	Literature	Traditional Grammar and Vocabulary	Integrated Grammar	Writing Skills	Subject Enrichment
April	The Chocolate Room A Tiger in the House In the Bazaars of Hyderabad (poem) The Field Mouse (poem)	Pronouns Adjective Degrees of comparison Article	Editing Re-arrange	Notice Article Application	Spell-Bee
May	A Dialogue with Bill Gates (Reading)	Verbs Adverbs One Word Substitutes(1-15)	Close Gap Filling		Text book reading a. Newspaper Reading b. Reading of long text
Periodic I : Ch- 1,2 Poems-In the Bazaars of Hyderabad, The Field Mouse					
July	The Gift of the Magi Nature's message to mankind.	Preposition Tenses Conjunction	Dialogue Completion	Descriptive Paragraph (object)	Listening Skill: Listening audio CD (students would be able to listen, converse and understand the topic and its main points)
August	The Adventure of the Blue Carbuncle I wandered lonely as a cloud (Poem)	Some Common Errors(1-25) Homophones (1-15) One Word Substitution(16-30)	Process Writing	Speech	Cross Word
September	Half Yearly Examination				

October	A Dinosaur on the Railway Tracks Outstanding Sportswomen Upon Westminster Bridge(Poem)	Modals Voice Reported Speech (Affirmative)	Reported Speech	Story Writing	5. Speaking skills: a) Role Play b) Extempore c) Recitation
November	The Case of the Missing Necklace I cannot Remember My Mother (Poem)	Common Errors(26-50) Homophones(16-30) One Word Substitution(31-45)		Informal Letter	
December	Periodic II: Ch- 7,8, 9 Poems- Upon Westminster Bridge, I cannot Remember My Mother				

January	Abraham Lincoln's Letter to his Son's Headmaster Mirror (Poem)	Reported Speech (Imperative) Common Errors (51-65)	Revision of full Grammar	Letter to Editor	Listening skill
February	The Merchant of Venice (Play)	One word Substitution(45-55)			Pronunciation
March	Final Examination				

Note: All the topics, writing skills and integrated grammar will be included in the final examination.

MATHS:

MONTH	CHAPTERS	PERIODIC TEST	ACTIVITIES	CHAPTERS FOR TEST
APRIL	CH-2 Fractions and Decimals CH-3 Data Handling		Activity 1	
MAY	CH-1 Integers REVISION	Periodic 1		CH-1,2,3
JUNE			Activity 2	
JULY	CH-5 Lines and Angles CH-9 Rational numbers			
AUGUST	CH-12 Algebraic Expressions			
SEPTEMBER	REVISION		HALF YEARLY EXAMS	CH-1,2,3,5,9,12
OCTOBER	CH-11 Perimeter and Area CH-13 Exponents and Powers			
NOVEMBER	CH-10 Practical Geometry		Activity 3	
DECEMBER	REVISION	Periodic 2	Activity 4	CH 10,11,13
JANUARY	CH-7 Congruence of Triangles CH-8 Comparing Quantities			
FEBRUARY	CH-4 Simple Equations CH-6 Triangles and its Properties			
MARCH	REVISION		FINAL EXAMS	CH-3,4,6,7,8,10,11,13

SCIENCE:

MONTH	CHAPTER	ACTIVITY
APRIL	CH-1 Nutrition In Plants CH-3 Animal fibres	To study the slide of stomata
MAY	CH-8 Climatic adaptation in animals CH-12 Motion And Time	To study that time period of simple pendulum depends on the length of the thread.
JUNE	HOLIDAYS HOME-WORK	Make a model on ' Food Web in a Forest '. Make it as colorful as possible. (Refer Chapter-17)
JULY	CH-4 Heat CH-9 Respiration In Organisms	To study the clinical thermometer. To observe working of lungs through model.
AUGUST	CH- 5 Acids, Bases and Salts CH-11 Reproduction In Plants	(i) Tests of various acids, bases and neutral solution with different indicators. (ii) To study the slides of Yeast and Spirogyra.
SEPTEMBER		
OCTOBER	CH-2 Nutrition In Animals CH-6 Physical And Chemical Changes CH-10 Transportation of substances in animals and plants (to be contd.)	(i) Burning of Magnesium ribbon (ii) Reaction of iron with copper sulphate solution Make a poster on " Water Conservation or Water Harvesting Methods " on A4 sheet. (Refer Chapter-16)
NOVEMBER	CH-10 Transportation of substances in Animals And Plants (Contd) CH-7 Soil	
DECEMBER		
JANUARY	CH-13 Electric Current And Its Effects CH-15 Light	(i) To study various components of an electric circuit. (ii) To study different lenses and mirrors. Make a collage on " Natural Disasters " (Refer Chapter-14)
FEBRUARY	CH-18 Wastewater Management	

SST:

MONTH	CHAPTER	SUBJECT ENRICHMENT ACTIVITIES
APRIL	HISTORY CH: 1: Tracing changes through a thousand years. GEOGRAPHY CH:1: Environment CIVICS CH:1: On Equality	Draw and label the diagram of Domains of the environment.
MAY	HISTORY CH: 3 The Delhi sultans GEOGRAPHY CH: 2 Inside our Earth CIVICS CH:2 Role of the Government in Health	(i) Write down in detail about any one historical monument built by Delhi Sultans. (ii) Draw and label the diagram of Interior of the earth.
JUNE	HOLIDAYS HOMEWORK	Prepare a chart on Covid-19 –a pandemic explaining the following points with the help of drawings: a) What is Coronavirus? b) Why is it dangerous? c) Who can catch it? d) What are the safety measures children should adopt to protect themselves? e) What message you can give to others to create a peaceful environment.
JULY	HISTORY CH:4: The Mughal Dynasty GEOGRAPHY CH:3: Our Changing Earth CIVICS CH:3: How the State Government works	(i) Write a brief life sketch on any one Mughal emperor. (II) Draw and label the diagram of Volcanic eruptions.

AUGUST	HISTORY CH: 6: Towns, Traders and Craft persons. GEOGRA PHY CH:4: Air CIVICS CH:4: Growing up as Boys and Girls	(i) Explain the composition of the atmosphere with the help of neat labelled diagram. (ii) Do our society make distinctions between boys and girls when they are growing up ? Write your view points in a few sentences.
SEPTEMBER		
OCTOBER	HISTORY CH: 7: Tribes, Nomads and settled Communities. GEOGRAPHY CH:5: Water CIVICS CH:6: Understanding Media	Explain Water cycle with the help of diagram.
NOVEMBER	HISTORY CH: 8: Devotional Paths to the Divine. GEOGRAPHY Ch:6: Natural Vegetation and Wildlife CIVICS CH:7: Understanding Advertising	Design an advertisement in your notebook about your favourite product that you watched on television. Make it eye catchy and mention about its benefits.
DECEMBER		
JANUARY	HISTORY CH: 10: Eighteenth Century Political Formations GEOGRAPHY CH:7: Human Environment- Settlement, Transport and Communication CIVICS CH:8: Markets around us	Map Work: <ol style="list-style-type: none"> 1) The largest state 2) The smallest state 3) The Highest populous state 4) The Lowest populous state 5) Punjab and its capital 6) States – Madhya Pradesh, Maharashtra, Tamil Nadu
FEBRUARY	GEOGRAPHY CH: 10: Life in Deserts. CIVICS CH: 10: Struggles for Equality.	

PUNJABI:

Month	Literature	Grammar	Activity
April	ਪਾਠ-1 ਗੱਭਰੂ ਪੰਜਾਬ ਦੇ ਪਾਠ -2 ਅਖਤਰ	ਮੁਹਾਵਰੇ1-10,ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ1-10 ,ਵਿਰੋਧੀ ਸ਼ਬਦ Pg. 128,ਲਿੰਗ ਬਦਲੇPg55(Part1,2),ਅਣਡਿੱਠਾ ਪੈਰਾ,ਹੇਲੀ ਦਾ ਤਿਉਹਾਰ (ਲੇਖ), ਆਪਣੇ ਸਕੂਲ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਜੀ ਨੂੰ ਸਕੂਲ ਛੱਡਣ ਦਾ ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਅਰਜ਼ੀ ।	Listening Skill
May	3ਪਾਠਮੇਬਾਇਲ ਦੀ ਦੁਰਵਰਤੋਂ ਪਾਠ-4 ਆਪਣਾ ਭਾਰਤ ਸਵੱਛ ਬਣਾਓ ਪਾਠ-5 ਵਲੀ ਕੰਧਾਰੀ ਨੂੰ ਸੁਧਾਰਨਾ	ਸੁੱਧ ਕਰੋ Pg-30,ਵਚਨ ਬਦਲੇ Pg. 63, ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ1-10,ਸਹੀਦ ਭਗਤ ਸਿੰਘ (ਲੇਖ),ਸਿਆਣਾ ਖਰਗੋਸ਼ (ਕਹਾਣੀ), ਦ੍ਰਿਸ਼ ਚਿਤਰਨ	
May Unit Test	Literature:ਪਾਠ 1,2,3 Grammar :ਮੁਹਾਵਰੇ, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ, ਵਿਰੋਧੀ ਸ਼ਬਦ , ਸੁੱਧ ਕਰੋ, ਵਚਨ ਬਦਲੋ, ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ,ਸਕੂਲ ਛੱਡਣ ਦਾ ਸਰਟੀਫਿਕੇਟ ਲੈਣ ਲਈ ਅਰਜ਼ੀ, ਸਿਆਣਾ ਖਰਗੋਸ਼(ਕਹਾਣੀ)ਅਣਡਿੱਠਾ ਪੈਰਾ , ਦ੍ਰਿਸ਼ ਚਿਤਰਨ		
July	ਪਾਠ -6 ਵਹਿਮਾਂ ਭਰਮਾਂ ਦੀ ਦੁਨੀਆਂ ਪਾਠ-7 ਕੀੜੀ	ਮੁਹਾਵਰੇ11-20, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ 11-20,ਲਿੰਗ ਬਦਲੇPg55(Part3,4) ,ਵਿਰੋਧੀ ਸ਼ਬਦ Pg129(1 st line), ਸਾਡਾ ਪੰਜਾਬ (ਲੇਖ),ਚਾਚਾ ਜੀ ਨੂੰ ਤੇਹਡਾ ਭੇਜਣ ਤੇ ਧੰਨਵਾਦ ਪੱਤਰ ,ਅਣਡਿੱਠਾ ਪੈਰਾ	
August	ਪਾਠ -8 ਦੁਸਮਣੀ ਪਾਠ -9 ਲੋਹ ਪੁਰਸ ਸਰਦਾਰ ਵੱਲਭ ਭਾਈ	ਸੁੱਧ ਕਰੋ Pg. 31,ਵਚਨ ਬਦਲੋPg-64 ,ਕਿਰਿਆ ਅਤੇ ਕਾਲ, ਅਖਬਾਰਾਂ ਦੇ ਲਾਭ ਅਤੇ ਹਾਨੀਆਂ, ਛੁਪਿਆ ਖਜ਼ਾਨਾ(ਕਹਾਣੀ), ਦ੍ਰਿਸ਼ ਚਿਤਰਨ	
	ਪਟੋਲ		
Sep	First Term Examination - Full syllabus from April to August		

Oct	ਪਾਠ -10 ਅੰਮੜੀ ਦਾ ਵਿਹੜਾ ਪਾਠ11ਵੱਡਾਕੋਣ ਪਾਠ-12ਸ੍ਰੀ ਹਜੂਰ ਸਾਹਿਬ ਨੰਦੇੜ ਦੀ ਯਾਤਰਾ	ਮੁਹਾਵਰੇ 21-30,ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ 21-30,ਵਿਰੋਧੀ ਸ਼ਬਦ Pg129(2 nd line) ,ਦੁਸਹਿਰਾ (ਲੇਖ),ਆਪਣੇ ਸਰੂਲ ਦੇ ਪ੍ਰਿਸ਼ੀਪਲ ਜੀ ਨੂੰ ਜੁਰਮਾਨਾ ਮੁਆਫ਼ ਕਰਾਉਣ ਲਈ ਅਰਜ਼ੀ ,ਅਣਡਿੱਠਾ ਪੈਰਾ	Reading
Nov	ਪਾਠ-13 ਭਗਤ ਸਿੰਘ ਦੀ ਕੁਰਬਾਨੀ ਪਾਠ-14 ਤਪਦੀਆਂ ਛਾਵਾਂ	ਸੁੱਧ ਕਰੋPg. 32,ਵਚਨ ਬਦਲੋPg65, ਲਿੰਗ ਬਦਲੋ Pg. 56(Part5,6),ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ (ਲੇਖ) ,ਸੁਆਰਥੀ ਮਿੱਤਰ (ਕਹਾਣੀ),ਦ੍ਰਿਸ਼ ਚਿਤਰਨ,	
December Unit Test	literature-ਪਾਠ 10,11,12 Grammar -ਮੁਹਾਵਰੇ,ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ, ਵਿਰੋਧੀ ਸ਼ਬਦ ,ਸੁੱਧ ਕਰੋ , ਵਚਨ ਬਦਲੋ,ਲਿੰਗ ਬਦਲੋ ,ਜੁਰਮਾਨਾ ਮੁਆਫ਼ ਕਰਾਉਣ ਲਈ ਅਰਜ਼ੀ ,ਸੁਆਰਥੀ ਮਿੱਤਰ (ਕਹਾਣੀ),ਅਣਡਿੱਠਾ ਪੈਰਾ,ਦ੍ਰਿਸ਼ ਚਿਤਰਨ		
Dec	ਪਾਠ-15 ਬੇਟੀ ਬਚਾਓ ਬੇਟੀ ਪੜ੍ਹਾਓ ਪਾਠ-16 ਫੁੱਲਾਂ ਦਾ ਗੁਲਦਸਤਾ	ਮੁਹਾਵਰੇ31-40, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਲਈ ਇੱਕ ਸ਼ਬਦ 31-40, ਵਿਰੋਧੀਸ਼ਬਦ Pg- 130(1st line) ,ਤੁਹਾਡਾ ਛੋਟਾ ਭਰਾ ਸਾਰਾ ਦਿਨ ਟੀ.ਵੀ ਦੇਖਦਾ ਰਹਿੰਦਾ ਹੈ, ਉਸ ਨੂੰ ਪੜ੍ਹਾਈ ਦੀ ਕੀਮਤ ਦੱਸਦੇ ਹੋਏ ਪੜ੍ਹਾਈ ਵੱਲ ਪ੍ਰੇਰਨਾ ਦਿੰਦਿਆਂ ਇੱਕ ਪੱਤਰ ਲਿਖੋ ,ਬਰਸਾਤ ਦਾ ਇੱਕ ਦਿਨ (ਲੇਖ)	
Jan	ਪਾਠ-17ਸਰਦਾਰ ਲੱਖਾ ਸਿੰਘ ਦਾ ਪਿੰਡ ਪਾਠ -18 ਪਸਿੱਧ	ਲਿੰਗ ਬਦਲੋPg56(Part7,8),ਬਹੁ ਅਰਥਕ ਸ਼ਬਦ1-10, ਸੁੱਧ ਕਰੋ Pg33 ,ਵਿਸ਼ੇਸ਼ਣ ,ਕੰਪਿਊਟਰ(ਲੇਖ), ਚਲਾਕ ਲੁੰਬੜੀ (ਕਹਾਣੀ),ਅਣਡਿੱਠਾ ਪੈਰਾHw	
	ਵਿਗਿਆਨੀ ਮੇਰੀ ਕਿਊਰੀ ਪਾਠ-19 ਸੈ ਕਿਉ ਮੰਦਾ ਆਖੀਐ		
Feb	Revision		
March		2 nd Term Examination- Full syllabus from October to January	

HINDI:

Month	CHAPTER	GRAMMAR	ACTIVITIES
APRIL	पाठ-1तिरंगा पाठ-2 बालकचंद्रगुप्त	पाठ-1 भाषा औरव्याकरण पाठ-2 वर्ण विचार	अपने देश की किसी एक प्रसिद्ध महिला के जीवन पर प्रकाश डालते हुए एक संक्षिप्त अनुच्छेद लिखें।
MAY	पाठ-3 भीमराव की कमीज़ सवालों की दुनिया(वाचन)	पाठ-4 वाक्य, पर्यायवाची (1-17), पत्र- अपने पिता जी से रूपए मंगवाने के लिए पत्र	
JULY	पाठ- 4 खुर्दबीन पाठ- 5बेटीपढ़ाओ,देश बचाओ	पाठ-5 संज्ञा,पाठ-6 सर्वनाम विलोम(1-22) श्रुतिसमभिन्नार्थक(1-11)	
AUGUST	पाठ-7सूरज का गोला बचेंद्रीपाल (वाचन)	अपने प्रधानाचार्या को विद्यालय त्यागने का प्रमाण पत्र देने के लिए पत्र, मुहावरे(1-15),अनुच्छेद जीवन में खेलकूद का महत्व, कम्प्यूटर	
SEPTEMBER	FIRST TERM EXAMINATION		
OCTOBER	पाठ-7 दादा जी की लाठी पाठ-9हमाराविद्यालय	पाठ-8 विशेषण पाठ-9 क्रिया पर्यायवाची (18-34) पत्र- मित्र को परीक्षा में सफलता के लिए बधाई पत्र	जल संरक्षण को दर्शाते हुए चित्र चिपकाकर नारे (स्लोगन) लिखें।
NOVEMBER	पाठ-11 संरक्षक राहुल पाठ-13राजा की तीन सीखें	पाठ-12 विराम चिह्न, विलोम शब्द (23-44), श्रुतिसमभिन्नार्थक (12 -22)	
DECEMBER	पाठ-14पानी आदमी की पहचान (वाचन)	पत्र- प्रकाशक को पुस्तकेंमंगवाने के लिएपत्र, अनुच्छेद-मेरी प्रिय अध्यापिका	
JANUARY	पाठ-17आज का अर्जुन	पाठ-15 संवाद लेखन	
	पाठ-18 संकल्प		
FEBRUARY	REVISION		
MARCH	FINAL EXAMINATION		

COMPUTER SCIENCE:

Subject : Computer Science		Class VII
Month	Topic/Unit/Chapter	Activities/Practical/Projects etc.
April	Chap.-1 Number System	PowerPoint Presentation on “Types of Number Systems”
May	Chap.-2 Formulas and Functions	Lab Session – Pg. 28
July	Chap.-3 Advanced features of Excel	Lab Session – Pg. 36
Aug.	Chap.-10 Cyber Safety	PowerPoint Presentation on “Unethical Practices prevalent on the Internet”
Sep.	Half Yearly Examination (Chapters 1, 2, 3 & 4)	
Oct.	Chap.-4 Log on to Animate CC	Lab Session – Pg. 55, 56 & 57
Nov.	Chap.- 5 Working with Layers	Lab Session – Pg. 68 & 69
Dec.	Chap.-8 More on CSS3	Lab Session – Pg. 117
Jan.	Chap.-9 Using Lists and Tables in HTML 5	Lab Session – Pg. 133
Feb.	IT Inventors , Revision Annual examination (Chapters 4, 5, 8, 9 and IT Inventors)	

ART:

Month	Page No
April	Page No - 7,15 and 23 Page No - 5 and 26. Do on art file
May	Page No - 28, 32, 34 and 35 Page No - 60 and 61. Do on art file
July	Page No - 38, 39 and 40 Page No - 37 and 42. Do on art file
August	Page No - 44, 46 and 11 Page No - 62. Do on art file.
October	Page No - 48,49, 50 and 51
Novembe r	Page No - 52 and 53 Page No - 54 and 55. Do on art file.
January	Page No - 56. Do on art file. Page No - 58. Do on art file.
February	Page No - 66 and 72. Do on art file.

DIVINITY:

MONTHS	CHAPTER	GENERAL WORK	ORAL BANIES
April	Chapter-I Baba Buddha ji	Ten Gurus, General blanks.	ਸੋ ਦਰ ਰਾਗੁ ਆਸਾ ਮਹਲਾ-1
	Chapter-II Bhai Kanahaiya ji	Five beloveds	ਸੋਦਰ ਤੇਰਾ ਕੋਹਾ-----
May	Chapter-III Bhai Mati Das ji	Three golden rules Historical gurudwaras	ਸੁਣਿ ਵਡਾ ਆਖੈ -----
June			
July	Chapter-IV Bhai Sati Das ji		ਅਰਦਾਸ
	Chapter-V Bhai Dayala ji	Sikh Generals	
August	Chapter-VI Baba Banda Singh Bahadur ji	Writers of Banies	
September	Ist TERM	Ist TERMINAL EXAM	Ist TERM
October	Chapter-VII Bhai Mani Singh ji		
	Chapter-VIII Bhai Taru Singh ji		
November	Chapter-IX Bhai Subeg Singh and Bhai Shahbaaz Singh	General work and writers of Banies as in Ist term	ਆਖਾ ਜੀਵਾ-----
December	Chapter-X Baba Deep Singh ji		ਹਰਿ ਕੇ ਜਨ-----
January	Chapter-XI Maharaja Ranjit Singh ji		ਅਰਦਾਸ
February	Revision and 2 nd term exam		

G.K:

MONTH	CHAPTERS
APRIL-AUGUST	<p>LIFE SKILL</p> <ol style="list-style-type: none">1. Respect our National Property2. Handling Peer Pressure (Reading)3. Media Around Us (Reading)4. Loving Nature (Reading)5. Being Compassionate (Reading) <p>MORAL VALUE</p> <ol style="list-style-type: none">6. What Parents Brings to Our Life (Reading)7. Helping Others (Reading)8. Social Etiquettes Across Cultures <p>PLANTS AND ANIMALS</p> <ol style="list-style-type: none">9. Cartoon's Pets10. Find the common links11. Medical Value of Plants12. Fabulous Fish13. Endangered Animal Species14. Animal Soldiers15. Insect Eating Plants <p>SCIENCE AND TECHNOLOGY</p> <ol style="list-style-type: none">16. Computer Champs17. Important Scientific Instruments18. Some Famous Inventions19. Tell Me Why? (Reading) <p>SPORTS</p> <ol style="list-style-type: none">20. Women in Sports21. For Cricket Buffs (Reading)22. Extreme Sports <p>BRAIN SHARPENER</p> <ul style="list-style-type: none">• Brian Ticklers (Reading)• Green Quiz• Making a Compost Pit (Reading)• Geography Glossary• Test your English Grammar <p>I LOVE MY INDIA</p> <ol style="list-style-type: none">23. Rivers Of India24. Contribution of India to the World <p>Note:- Reading pages will not come in paper.</p>
SEPTEMBER	HALF YEARLY EXAMINATION

<p>OCTOBER- FEBRUARY</p>	<p>25. Famous Indian Businessmen 26.Rural India 27.Noisy Verbs (Reading) 28.Tastes of India 29.It's Reading Time 30.What's the Good Word? OUR WORLD 31.Highest and Tallest 32.Europe 33. Explorations and Discoveries OUR ENVIRONMENT 34. Tips to Save Energy 35.Famous Environmentalists 36.Saving Natural Resources ART AND ENTERTAINMENT 37.Entertainment Records (Reading) 38.We Created Them 39. Hindustani Music (Reading) GENERAL AWARENESS 40. All About Nuts 41.Jewellery (Reading) 42.All About Milk 43.Foreign Cars (Reading) 44.General Awareness BRAIN SHARPENER</p> <ul style="list-style-type: none"> • The Firsts • Quotable Quotes • Mental Maths (Practice) • Knowledge Bank • Mixed Bag • Factopedia (Reading) • Model Test Paper-1(Practice) • Model Test Paper -2(Practice) <p>Note:- Reading Pages will not come in paper.</p>
<p>MARCH</p>	<p>FINAL EXAMINATION</p>

MUSIC:

April to September	
π	Practice of first nine Alankaars and teaching of 10 th Alankaar
π	Gurbani Shabad for prayer “ ਆਦੇਸੁ ਤਿਸੈ ਆਦੇਸੁ ” ॥ (Jap Ji Bani)
π	Devotional Song ‘Ai Malak Tere Bande Ham’
π	Gurbani Shabad “ ਸਾਂਤਿ ਪਾਈ ਗੁਰਿ ਸਤਿਗੁਰਿ ਪੂਰੈ ॥ ”
π	Folk song
π	National Anthem
π	Bollywood song
π	Tabla Kayda (fourth)
October to March	
π	Practice of all Ten Alankaars
π	Gurbani Shabad for prayer “ ਗੁਰੁ ਮੇਰੈ ਸੰਗਿ ਸਦਾ ਹੈ ਨਾਲੇ ॥ ”
π	Patriotic song ‘ Chhorro kal ki baten ‘
π	Gurbani shabad “ ਗਰਿ ਪੂਰੈ ਮੇਰੀ ਰਾਖਿ ਲਈ ॥ ”
π	Bollywood song
π	National Anthem
π	Tabla Kayda (fourth continue)

DANCE:

April to September	Basic steps
	Jutti & Ticktika
	Jhumer
	Sheesha
	Jhumer on song
October to March	Chalann
	Punjab
	Dhamal
	Malwai Giddha
	Punjabi Song